

SURROUNDINGS

and

SENSES

Write down the places where you spend most of your time and rank them on a scale from one to five for how clean, organized, uplifting, and beautiful each feel to you below.

PLACE: _____

CLEAN: 1 (REALLY NEEDS IMPROVEMENT) 2 (NEEDS IMPROVEMENT) 3 (COULD USE A LITTLE ATTENTION) 4 (GOOD) 5 (GREAT)

ORGANIZED: 1 (REALLY NEEDS IMPROVEMENT) 2 (NEEDS IMPROVEMENT) 3 (COULD USE A LITTLE ATTENTION) 4 (GOOD) 5 (GREAT)

UPLIFTING: 1 (REALLY NEEDS IMPROVEMENT) 2 (NEEDS IMPROVEMENT) 3 (COULD USE A LITTLE ATTENTION) 4 (GOOD) 5 (GREAT)

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